

Interview Questions for Potential Clinicians

1. This first set are general questions that are usually explicitly covered by the clinician-verbally, on the clinician’s website or in an “About my Practice” document, but you should feel feel to ask anyway:

Questions	Answers/Notes
How long are sessions?	
What is the fee per session?	
What is your policy about missed sessions?	
Do you accept my insurance?	
Do you have a sliding fee scale? On that scale, would my fee be?	

2. The set is about policies that may or may not be explicitly covered:

Questions	Answers/Notes
Do you have a crises policy?	
Do you have a policy about physical contact with clients?	
Do you have a policy about contact outside of the session?	
Does somebody cover for you if you are sick or on vacation?	

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3. The set is about qualifications, credentials and experience with trauma

Questions	Answers/Notes
What are your credentials? And what do they mean?	
How long have you been practicing?	
Do you have a specialty? How or why did you choose that?	
How much experience have you had in treating disorders of traumatic stress?	
What is your approach to treating traumatic stress?	

Have you been trained in any of these modalities?

Modality	Yes/ No	Modality	Yes/ No
EMDR (Eye Movement Desensitization and Reprocessing)		IFS (Internal Family Systems)	
Somatic Experiencing		MBSR (Mindfulness Based Stress Reduction)	
Sensorimotor		Guided Imagery	
Gestalt Therapy		DNMS (Developmental Needs Meeting Strategy)	

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Additional Notes